



I M P R O V E Y O U R S K I L L S W I T H

1 -on- 1

N E T B A L L C O A C H I N G

Are you looking to take your netball game to the next level?

My 1-on-1 netball coaching sessions are designed to help you improve your skills, build your confidence, and take your game to the next level. All sessions are personalised training tailored to your specific needs and goals.

B E N E F I T S:

- Personalised coaching to help you improve your skills
- Build your confidence on and off the court
- Learn new techniques and strategies to take your game to the next level
- One-on-one attention to ensure you get the most out of your training

